

# Connections

Connections is a module that you can use to track communication between the church and individuals. You can record prayer requests, hospital visits, and your interactions with visitors.

Before you set up the Connections module, decide what [information](#) you want to track. Then, you can set up this information in [Define Lists](#), begin adding [contacts](#), and [design](#) Connections Cards. To begin, view the [Getting Started with Connections](#) topic.